# *WEEK 1 MENU*

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|---|---|---|
| **Everyday** | Chef's soup of the day and a selection of Breads & toppings for soup (crispy Croutons, Cheese) | | | | | | |
| **Main** | Chinese Spring Rolls | Honey Roast Ham and Parsley Sauce | Spaghetti Bolognaise with Parmesan Cheese and Garlic Bread | Italian Chicken Bake | Fish & Chip day<br><br>Deep fried fish in batter | Assortment of Freshly Made Ciabatta Pizza Slices<br><br>Pasta Bake<br><br>Baked Potato | Bedstone Brunch<br><br>Grilled Sausages, Back Bacon, Baked Beans, Eggs, Mushrooms, Hash browns, Black pudding & Tomatoes |
| | Thai Style Pork Chop | Quiche Lorraine Sausage Rolls | Stuffed Baked Potatoes | Sausage and Mash | Cornish Pasty | | |
| **Light Lunch** | | Light snacks grab & go | Light snacks grab & go | Light snacks grab & go | Chips | | |
| **Veggie** | Vegi Noodles | Three Cheese and Red Onion Flan | Vegi Spaghetti Bolognaise | Vegetable Kiev | Vegetable quiche | | |
| **Dessert** | Fresh Fruit Platter | Ice Cream Tubs | Cherry and Apple Crumble with Custard | Key Lime Pie | Bedstone Gateau | Chocolate Fudge Cake | |
| **Everyday** | A choice of potatoes and seasonal vegetables, salad bar available for lunch and supper. | | | | | | |
| **Supper** | Moroccan Night | Bedstone Tex Mex | Street-food | Burger Night | Mal's Greek Night | Chef's Special | Roast night |
| | Sausage Couscous Honey and Almond Chicken and Fruit Couscous | Tex Mex Chicken | A Selection of World Street-foods<br><br>All served with Rice | House made Prime Beef and Cheese Burgers Chicken Nuggets | Moussaka Ham and Mushroom Carbonara Ciabatta Garlic Bread | Curry Night Takeaway | Roast Loin of Pork |
| **Veggie** | Moroccan Vegetable Escalope | Macaroni Cheese | Vegetable Noodles | Mozzarella and Field Mushroom Burgers | Tomato and Spinach Moussaka | Veg Curry | Roasted Quorn fillets |
| **A selection of seasonal fresh fruit served ripened and ready to eat. Daily selection of yoghurt pots** | | | | | | | |

Menus subject to change

# *WEEK 2 MENU*

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|---|---|---|
| **Everyday** | Chef's soup of the day and a selection of Breads & toppings for soup (crispy Croutons, Cheese) | | | | | | |
| **Main** | Tuna and Pasta Bake | Roast Breast of Chicken and Yorkshire Pudding | Beef Lasagne and Garlic Bread | Beef and Veg Casserole | Fish & Chip day<br><br>Deep fried fish in batter | Sausage Fest<br><br>Cumberland Sausage<br>Bratwurst Sausage<br>Hot Dogs<br><br>Served with Onions and Relish in a Roll or Bun<br><br>Baked Potatoes | Bedstone Brunch<br><br>Grilled Sausages, Back Bacon, Baked Beans, Eggs, Mushrooms, Hash browns, Black pudding & Tomatoes |
| | Shropshire Fidget Pie | Savoury Stuffed Field Mushrooms | Pizza<br>Baked Potatoes | Cheese and Ham Pastry | Southern Fried Chicken | | |
| **Light Lunch** | Light Snacks Grab and Go | Light Snacks Grab and Go | Light Snacks Grab and Go | Light Snacks Grab and Go | Chips | | |
| **Veggie** | Sweet Potato and Parsnip Roll | Stuffed Yorkshire Pudding | Vegetable Lasagne | Winter Veg Casserole | Breaded Veg Burger | | |
| **Dessert** | Individual Chocolate Mousse | Fruit Crumble | Rice Pudding | Hot Chocolate Sponge | Cheesecake | American Style Pancakes | |
| **Everyday** | A choice of potatoes and seasonal vegetables, salad bar available for lunch and supper. | | | | | | |
| **Supper** | Chinese Night | Northern Takeover | Reggae Raggae Night | Gill's Grill | Taste of The Med | Chef's Special | Roast night |
| | Teriyaki Pork<br>Chinese Chicken Pieces | Fred's Meatballs<br><br>Tyneside Floddy | A Selection of World Street-foods<br><br>All served with Rice | Bedstone Mixed Grill | Peri Peri Chicken<br><br>Greek Lamb | Kebab and Koftas | Roast of the Night and Pigs in Blankets |
| **Veggie** | Vegi Noodles | Cheese and Onion Pie | Vegetable Noodles | Vegetable Grill | Falafels Balls with Yoghurt and Mint Dressing | Vegi Kebabs | Roasted Quorn fillets |
| A selection of seasonal fresh fruit served ripened and ready to eat. Daily selection of yoghurt pots | | | | | | | |

Menus subject to change

# *WEEK 3 MENU*

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|---|---|---|
| **Everyday** | Chef's soup of the day and a selection of Breads & toppings for soup (crispy Croutons, Cheese) | | | | | | |
| **Main** | Chicken Curry & Rice | Pork meatballs & Pasta | Pie of the day | Sticky lemon chicken | Fish & Chip day<br>Or<br>Deep fried fish in batter | Cheese burgers in a sesame seed bun | Bedstone Brunch<br><br>Grilled Sausages, Back Bacon, Baked Beans, Eggs, Mushrooms, Hash browns, Black pudding & Tomatoes |
| | Braised sausage & onion | Baked Potatoes | Fishwich | Croque monsieur | Pukka Pies | Chicken Burgers | |
| **Light Lunch** | Light snacks grab & go | Light snacks grab & go | Light snacks grab & go | Light snacks grab & go | | Baked potatoes & fillings | |
| **Veggie** | Vegetable Curry & Rice | Vegi Quornballs & tomato sauce | Vegi sausage rolls | Lemon quorn fillet | Vegetable quiche | Vegetarian burgers | |
| **Dessert** | Sticky toffee pudding & custard | Fresh fruit & yoghurt | Chocolate brownie | Bedstone mess | Apple, peach strudel & custard | Saturday shortcake | |
| **Everyday** | A choice of potatoes and seasonal vegetables, salad bar available for lunch and supper. | | | | | | |
| **Supper** | Tasting Wales | Kebab night | | Frying tonight | American night | Oriental night | Roast night |
| | Minted lamb Casserole<br>Welsh rabbit | Chicken Kebabs, BBQ chicken pieces | Pork Cassoulet & savoury croissant | Popcorn chicken<br>Fish Bites | Louisiana chicken & hotsauce,<br>Cajun rice | | The roast of the night<br><br>Chefs choice |
| **Veggie** | Glamorgan sausage | Vegetable Kebabs & Halloumi | Pasta | Vegi fritters | Mack & cheese | | Roasted Quorn fillets |
| **A selection of seasonal fresh fruit served ripened and ready to eat. Daily selection of yoghurt pots** | | | | | | | |

Menus subject to change