

Week 1 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Chef's soup of the day and a selection of Breads & toppings for soup (Crispy croutons, cheese)						
Main	Ham & Leek Pie	Chicken Tikka with Rice and Naan Bread	Ragu Bolognese Pasta served with Parmesan Shavings and Focaccia Bread	Big Roast Roasted Topside of Beef with Yorkshire Pudding and Gravy	Chip shop Battered Cod Sausage Chunky chips	Pizza Bar BBQ Chicken or Pepperoni Margarita Or Seasonal Vegetable	Bedstone Brunch Grilled Sausages, Back Bacon, Baked Beans, Eggs, Mushrooms, Hash browns, Black pudding & Tomatoes
	Baked Potato with Baked Beans	Baked potato with Baked Beans & Cheese	Stuffed flatbread! Chicken skewers Green Thai Quorn fillets	Quorn Mince in a Yorkshire Pud	Mushy peas Curry sauce Glamorgan sausages		
Veggie	Wild mushroom and Camembert lasagne	Vegetable Tikka					
Dessert	Fresh Fruit Salad	Cheesecake	Sticky Toffee Pudding	Apple Pie	Jam Sponge	American style pancakes	
Everyday	A choice of potatoes and seasonal vegetables, salad bar available for lunch and supper.						
Supper	BBQ pork chow mein --- Breaded whole tail Scampi	Sweet & sour battered chicken chunks --- BBQ Spare Ribs	Noodle Bar Noodle's and Stir fried vegetables with a selection of Protein.	Traditional Lasagne & Garlic bread --- Sticky chicken wings	Thai Crusted Pork Loin with sweet chilli sauce --- Fish pie with cheese & potato crust	Burger night Lamb, Beef, chicken In a sesame seed cob roll	Sunday Dinner Traditional roast Chicken dinner
Veggie	Mushroom Chow Mein	Tempura Vegetables		Spinach and ricotta linguini	Mushroom Tagliatelle	Crumbed veggie burger	
	A selection of seasonal fresh fruit served, ripened and ready to eat. Daily selection of yogurt pots						

Week 2 Menu



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Chef's soup of the day and a selection of Breads & toppings for soup (Crispy croutons, cheese)						
Main	Steak Pie with a Shortcrust Pastry	Honey and Demerara Glazed Gammon served with parsley sauce	Pasta Carbonara	Big Roast Roasted Chicken Portion with Sage & Onion stuffing and Gravy	Chip shop Breaded plaice Sausage Chunky chips	Sessions of Worcestershire Butcher's Pork Hot Dog Pan Fried Onions	Bedstone Brunch Grilled Sausages, Back Bacon, Baked Beans, Eggs, Mushrooms, Hash browns, Black pudding & Tomatoes
	Southern fried Chicken mini fillets wraps	Beef Balti with Rice and Naan Bread	Stuffed flatbread! Chicken skewers		Mushy peas Curry sauce	Chunky Beef Chilli Taco shells with sour cream & guacamole	
Veggie	Blackened Cajun Style Quorn Fillet wrap	Cheese and red onion omelettes	Lentil and vegetable cottage pie	Roast quorn fillet	Homemade pine nut & cheddar burger	Quorn Hot dog	
Dessert	Fresh fruit salad	Chocolate Brownie	Bedstone Mess	Syrup Sponge	Ice cream	Shortbread	
Everyday	A choice of potatoes and seasonal vegetables, salad bar available for lunch and supper.						
Supper	Chicken Biryani ---- Toad in the Hole	Sweet Chilli Chicken wings	Turkey burger in a sesame seed bun ---- Bacon chop and fried eggs	Hot Ciabatta sandwich with bacon & cheese ---- Prawn stir fry	Chinese Evening Spring rolls Sweet & sour chicken Beef in black bean Egg fried rice Noodles fried vegetables Prawn crackers	SFC night Southern fried chicken pieces, Popcorn chicken, Southern fried quorn escalope, fries, Corn on the cob, gravy and beans	Sunday Dinner Traditional roast Beef dinner
Veggie	Vegetable Biryani	Maccaroni Cheese	Leek & mushroom risotto	Hot cheese & tomato Ciabatta			
	A selection of seasonal fresh fruit served, ripened and ready to eat. Daily selection of yogurt pots						

Week 3 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Everyday	Chef's soup of the day and a selection of Breads & toppings for soup (Crispy croutons, cheese)						
Main	Chicken & Mushroom Pie With Shortcrust pastry	Chicken Korma with Rice and Naan Bread	Traditional Lasagne & Garlic Bread	Big Roast Roasted Leg of Pork with Sage & Onion stuffing, Apple sauce and Gravy	Chip shop Cracked pepper Sole goujons Sausage Chunky chips Mushy peas Curry sauce	Hog Style Roast Pork Filled Bap served with Apple Sauce Baked potato with Baked Beans & Cheese	Bedstone Brunch Grilled Sausages, Back Bacon, Baked Beans, Eggs, Mushrooms, Hash browns, Black pudding & Tomatoes
	Meatball Sub	Breaded Turkey Escalope	Chicken skewers stuffed flatbread!				
Veggie	Country vegetable Pie	Vegetable lasagne	Goats cheese & caramelised onion tart	Homemade nut roast	Cheese & onion pasty	Vegetable pancake roll	
Dessert	Fresh fruit Salad	Chocolate Sponge & Sauce	Rice Pudding	Apple crumble & Custard	Apple puffs	doughnuts	
Everyday	A choice of potatoes and seasonal vegetables, salad bar available for lunch and supper.						
Supper	Beef and Potato Pasties --- Kung Po Chicken	Hunters Chicken --- Jumbo Fishfingers	Chicken, leek & mushroom lasagne with crusty bread --- Fishcakes	Turkey escalope, tomato sauce & Mozzarella --- Jumbo sausage roll	Coconut curried pork meatballs --- Bedstone Zinger Burger	Pizza night A Variety of topped pizzas To choose from Served with curly fries	Sunday Dinner Traditional roast Lamb dinner
Veggie	Thai Green Vegetable curry	Tomato, basil & parmesan quiche	Vegetable Lasagne	Samosas with Chickpea Dhal	Vegetable Kiev		
	A selection of seasonal fresh fruit served, ripened and ready to eat. Daily selection of yogurt pots						



Breakfast Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cereals	<p>A selection of cereals</p> <p>Coco pops, Rice crispies, weetabix, Alpen and corn flakes</p> <p>Chilled semi skimmed milk</p>						
Cooked Breakfast	Back Bacon Pork sausages Fried eggs Baked beans Hash browns	Back Bacon Pork sausages Poached eggs Baked beans Tomatoes	Back Bacon Pork sausages Scrambled eggs Baked beans Mushrooms	Back Bacon Pork sausages Fried eggs Baked beans Hash browns	Back Bacon Pork sausages Poached eggs Baked beans Tomatoes	Back Bacon Pork sausages Scrambled eggs Baked beans Hash browns	Bedstone Brunch Grilled Sausages, Back Bacon, Baked Beans, Eggs, Mushrooms, Hash browns, Black pudding & Tomatoes
Continental	Cured meats & cheese	Pain au choc	American Pancakes and syrup	Cured meats & cheese	Croissants	American Pancakes and syrup	
Yogurts	A selection yogurts						
Fruit	A choice of fresh fruit & fruit salad						
Toast & Preserves	Toast – Sliced white and wholemeal bread Selection of spread and preserves						
Beverages	Tea, coffee, hot chocolate and juices						