



BEDSTONE
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Bulletin
Spring
2020

Featured in this issue:

College hosts Midlands
ISA Cross Country
Championships



New Country Pursuits
Activity Takes Off



Cadet On Target
For Success



Activities For All!



Cross Country runners take Shropshire hills and mud in their stride

More than 900 young athletes donned their running shoes and battled up hills and through mud during the recent Midlands Independent Schools Association Cross Country Championships.



Bedstone was proud to host the prestigious competition for the 18th consecutive year, with more than 40 schools competing from across the region.

Students competed in age based categories across a variety of testing distances, with those under 10 years old running a 1500 metre race, and senior boys running the longest distance of 6000 metres.

The event is a prelude to the National competition at Worksop College where the top ten runners from each region qualify to compete. Bedstone College runners performed well, with 5 automatic places and 1 reserve qualifier representing the Midlands area in the Finals.

Jamie Simpson, Head of Boys' PE, said:

"It was wonderful to see so many young athletes and Midlands schools coming together. We are glad to be able to host this event, and this year we saw an increase in the number of high performing students achieving fantastic times in very

challenging conditions across fields, in woods and through stream crossings. We are delighted to have so many Bedstone runners achieve qualification for the National Finals."



In-House Catering Team: A Recipe for Happiness

We are rightly proud of the quality of food created and outstanding reputation of our in-house catering team.

There is a wide, healthy and varied menu selection each day. We take food allergies very seriously, with all domestic staff holding a Level 2 Food Allergy Certificate to enable us to create an individual plan for every child with allergies, intolerances or a special diet.

Our catering team are directly employed by Bedstone and take real pride in their work.



Catering Manager, Meradith Hart, believes that the recipe for happiness “is to create menus showcasing the best quality seasonal ingredients, sourced from a hand-picked selection of local suppliers, and serve every meal with a smile.”

There are always fresh vegetables, fruit and full seasonal salad bar available. Typically at lunch there is a choice of hot dishes, lighter snacks such as jacket potatoes, hot or cold dessert and fruit.

The Catering Team also partner with pupils and staff to run Themed Meals during the term, often co-ordinated with events across the school, aligning food and music to a theme of their choosing (e.g. Polish Evening or Greek Night).

Inter-House Drama Competition Takes Centre Stage

Congratulations to all who took part in this year's House Drama competition! In this annual event, each competitive house puts forward student volunteers to perform a monologue (Junior School) and two entries from the Senior School.

Each house also performs their own version of the same scene from a Shakespeare play – this year, a scene from Macbeth.

This may have been the most hotly contested House Drama competition for years: each student was clear and confident, performing their pieces with real feeling and emotion. The Shakespeare Scenes were also varied and different, each house putting their own spin on a well-known scene.



Congratulations to Wigmore for being awarded first place! Here's looking forward to next year!

Cadet On Target For Canadian Shooting Exchange

Cadet Lance Corporal William Arden, a Bedstone pupil and member of Shropshire Army Cadet Force (ACF), has earned the chance to spend seven weeks in Canada as part of the UK Army Cadet Force and Royal Canadian Army Cadet (RCA) bilateral exchange.

William was one of the youngest members of his team in last year's shooting competition held at Bisley ranges, winning fourth place in the National 500 metre shoot and securing his place in Canada.

The seven weeks is fully sponsored by the ACF and held at Connaught Ranges in Canada where William will attend the RCAC Marksmanship Full-Bore Rifle Course, offering a challenging but rewarding experience.

The County Shooting Officer, RSMI Kevin Pound said "William is one of only 12 cadets selected nationally to make up the UK team and we are extremely proud of him to be the first cadet from Shropshire to represent the UK."





Country Pursuits: A New Bedstone Initiative

Since half-term, a group of senior school pupils have spent their Thursday afternoon activity slot enthusiastically learning about the importance and diversity of the countryside from Sam Walker, The Regional Officer for the British Association for Shooting and Conservation. Initially a gamekeeper, after several years spent learning his craft, Sam returned to university to study for a degree which focused on the need for conservation and sport to work hand in hand and it is this message which he has been relaying to the youngsters at Bedstone.

From plucking and dressing a wood pigeon ready for consumption, to skinning a deer carcass before the next stage of its journey to the table, Sam spends time explaining why it is important to manage the population of each.

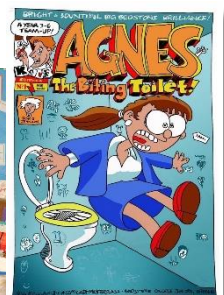
Every week, the pupils are learning how the necessity for conservation and preservation of habitats has brought about a change in how those who shoot pursue their craft.



Junior School Flushed With Success

Bedstone's Junior School pupils and staff have enjoyed an amazing term of activity, including a visit to the British Ironworks Centre, celebrating World Book Day in style, competing at the Shropshire Schools' Cross Country Event and designing their own kites.

There was also a memorable visit from Kev F Sutherland, the Comic Strip expert who has illustrated for Marvel comics and the Beano! After an inspiring and fun morning full of ideas and creativity, the group produced a hilarious and unique Bedstone-specific comic, entitled "Agnes The Biting Toilet"!



Bedstone Bitesize

What CAREER LIVE?

In February, Year 12 students visited the NEC in Birmingham to visit the 'What Career Live? What University Live?' Show, providing the students with ideas as to what their next steps beyond the 6th Form could be.



A great experience for the students who attended the rugby training clinic at Leicester Tigers, followed by the chance to watch their match against Cardiff at Welford Road



Congratulations to the U16 and U13 Netball Squads for their ISA Nationals Finals qualification and successes!

Both are in the Top 10 Independent School Teams in the country, with the U16s achieving Runners-Up position in the Bowl Competition, and the U13s achieving Runners-Up position in the Plate Competition.



Year 8 Sophie fulfilled a childhood dream to become a Shrewsbury Town mascot. Sophie plays for Shrewsbury Advanced Development football team, and has ambitions to play for England!

She enjoyed an amazing experience (despite being an avid Liverpool fan!), including meeting Cameron Gregory and all the squad.

Well done to Scarlett, who qualified for and competed in this year's Young Kennel Club Handler Class with her pug Pickle 🐾



Duke of Edinburgh Awards – Congratulations!

Silver: Tamsin Beaumont, Rebecca Boyt, Lois Bridge, Georgie Jones, Sophie Munro, Isabel Rozee, Phoebe Rozee and Sam Scott-Goldstone

Gold (awarded at a special ceremony at Buckingham Palace):

Kornelia Szczygiel, Leah Boyd, Alex Jolly, George Aylen, Nathan Hardwick and Marcus Sheppard



Artistic Talent On Display

It has continued to be a busy time in the Art Department, with students developing their artistic talents, as well as receiving recognition for their work at regional exhibitions and enjoying visits to local galleries.

The Art Department took the Year 9 Artists on an away day to Machynlleth and Aberystwyth in January where the group were able to experience several varied exhibitions. At MOMA in Machynlleth attention was focused on an exhibition of monochrome images, looking at how these images had been made - the kind of mark making and use of tonal contrast, to convey a story. At the Art Centre in Aberystwyth students had the opportunity to see the wonderfully lively drawings for the designs for film and theatre by the renowned political cartoonist Gerald Scarfe; an opportunity to see the design work in the context of our own mini-filmic ambitions.

Earlier in the term, Hereford College of Art held an exhibition celebrating the art of young people in schools throughout Herefordshire and the surrounding counties. Bedstone submitted skilful works in a variety of media by 11 of our young people. In the setting of the communal area of the Art School the art works looked very fine. It was a particularly special thing for Catherine C to receive a *Highly Commended* certificate for her acrylic painting.

These awards were bestowed on only a very few of the exhibitors by the principal of the Art School, and in Catherine's case this was in recognition of the high standard of work and interesting imagery through use of colour and pattern taken in her "Reflections on Hundertwasser".

